

# GYMNASTICS BOOKING CRITERIA

| CLASS    | KINDER GYM 0-3 | KINDER GYM 3-5 | GYM FUN     | GYM SKILLS  | FREE G NINJA |
|----------|----------------|----------------|-------------|-------------|--------------|
| CRITERIA | 3MTHS - 3YRS   | 3YRS - 5YRS    | 5YRS - 8YRS | 8YRS & OVER | 5YRS - 12YRS |

# SWIMMING BOOKING CRITERIA

| CLASS    | INFANTS 1   | INFANTS 2  | INFANTS 3   | PRE SCHOOL LEVEL 1 | PRIMARY LEVEL 1  |
|----------|-------------|------------|-------------|--------------------|--|
| CRITERIA | 6MTHS - 1YR | 1YR - 2YRS | 2YRS - 3YRS | 3YRS - 5YRS        | I can put my face in & blow bubbles<br>I can kick on my front & back aided |

| CLASS           | PRIMARY LEVEL<br>2   | PRIMARY LEVEL<br>3   | PRIMARY LEVEL<br>4   | PRIMARY LEVEL<br>5  | PRIMARY LEVEL<br>6   |
|-----------------|--|--|--|---|--|
| <b>CRITERIA</b> | <p>I can kick on my front &amp; back unaided</p> <p>I am learning about freestyle and backstroke aided</p> <p>I am learning to tread water</p> | <p>I can swim 25m of backstroke unaided</p> <p>I can swim 25m of freestyle unaided</p> | <p>I can swim 50m of backstroke unaided</p> <p>I can swim 50m of freestyle unaided</p> <p>I can swim 25m of breaststroke</p> | <p>I can swim 75m of backstroke unaided</p> <p>I can swim 75m of freestyle unaided</p> <p>I can swim 50m of breaststroke</p> <p>I am learning about butterfly</p> | <p>I can swim 100m of backstroke unaided</p> <p>I can swim 100m of freestyle unaided</p> <p>I can swim 50m of breaststroke</p> <p>I can swim 12m butterfly</p> |

| CLASS    | ADULTS LEVEL 1   | ADULTS LEVEL 2  | ADULTS LEVEL 3  |  |
|----------|--|---|---|--|
| CRITERIA | <p>I can put my face in &amp; blow bubbles<br/>I can kick on my front &amp; back aided</p> | <p>I can kick on my front &amp; back unaided<br/>I am learning about freestyle and backstroke aided</p> | <p>I can swim backstroke<br/>I can swim freestyle</p> |  |

**PLEASE NOTE**

Beginner, Intermediate or Advanced options can be chosen in relation to your child's previous experience with gymnastics but it will not effect which option they go in as it is still age based