

## BAYSIDE

# SPRING 2019 HOLIDAY PROGRAM

In addition to our on-going Gymnastics classes for 1-16 year olds, which are running as per usual during the holidays, we're also offering the following **Holiday Program class**:

**"KIDS" (4yrs+) - 3 hour program:**  
**Mondays, Tuesdays, Wednesdays & Thursdays: 1 - 4pm**

For more detailed information on the "KIDS" program, please see below.

Monday 23 <sup>rd</sup> Sep	Tuesday 24 <sup>th</sup> Sep	Wednesday 25 <sup>th</sup> Sep	Thursday 26 <sup>th</sup> Sep	Friday 27 <sup>th</sup> Sep	Saturday 28 <sup>th</sup> Sep
Classes running as normal	Classes running as normal	Classes running as normal	Classes running as normal	AFL Grand Final Holiday	Classes running as normal
"KIDS"	"KIDS"	"KIDS"	"KIDS"		

Monday 30 <sup>th</sup> Sep	Tuesday 1 <sup>st</sup> Oct	Wednesday 2 <sup>nd</sup> Oct	Thursday 3 <sup>rd</sup> Oct	Friday 4 <sup>th</sup> Oct	Saturday 5 <sup>th</sup> oct
Classes running as normal	Classes running as normal	Classes running as normal	Classes running as normal	Classes running as normal	Classes running as normal
"KIDS"	"KIDS"	"KIDS"	"KIDS"		

On the day send a drink bottle and a healthy snack/lunch with your child. Parents are welcome to stay if they choose. Children need to be signed in and out at the reception each session.

Book before 2<sup>nd</sup> September to get 10% off!

**\*\*"KIDS" 4 years+, 3 hour session**

**General public: \$45.00 Member: \$37.00**

Appropriate for Primary School aged children. Children are divided into age/skill based groups to learn how to tumble, flip, swing and balance or build on existing gym skills. A variety of different games and activities are offered each day utilizing all the gymnastic apparatus including trampoline, bars, rings, beams as well as floor activities.

**Free trial sessions** are available as per usual for the on-going classes during the holidays. The holiday program is not included in this offer. To book a free trial session, please call us on (03) 9077 5104.

To book, please contact us:

Email: [bayside@fitnessforfun.com.au](mailto:bayside@fitnessforfun.com.au) or phone: (03) 9077 5104