**2020 Timetable**



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| **Pre School Classes** |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| **Baby Gym** (4 month – 2 years) |  | 10am – 10.45am |  |  | 10am – 10.45am |  |
| **Kinder Gym** (2 – 5 years) |  | 11am – 11.45am | 10am – 10.45am11am – 11.45pm | 10am – 10.45am11am – 11.45pm | 11am – 11.45am | 9am – 9.45am |

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| **Recreational Classes** |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| **Gym Fun** (5 to 8 years) | 4pm to 5pm | 4pm to 5pm5pm to 6pm |  | 4pm- 5pm5pm – 6pm |  | 10am – 11am |
| **Gym Skills** (8 - 10 years) | 5pm to 6pm | 4pm to 5pm5pm to 6pm |  | 4pm – 6pm |  | 10am – 11am11am- 12pm |
| **Teen Gym Skills** (10+) |  | 4pm – 6pm |  |  |  | 10am – 12pm |
| **Gym For Me** (12 - 17 years)**Term 2 onwards** |  |  | 5pm to 6pm |  |  |  |

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| **Gymstar Classes** |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| **Gymstar 2** (2hrs) | 4pm to 6pm |  |  |  |  |  |
| **Gymstar 3** (3hrs) | 4pm to 7pm |  |  |  |  |  |
| **Gymstar 4** (4hrs) | 5pm to 7pm |  | 5pm to 7pm |  |  |  |
| **Gymstar 5** (5hrs) |  |  | 4pm to 6pm |  | 4pm to 7pm |  |
| **Gymstar 6** (6hrs) |  |  | 4pm to 7pm |  | 4pm to 7pm |  |

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| **Other Programs** |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| **Free Jump** (5 to 8 years) |  | 4pm to 5pm |  | 4pm to 5pm |  |  |
| **Free Vault** (8 to 12 years) |  | 5pm to 6pm |  | 5pm to 6pm | 5pm – 6pm |  |

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| **Women’s Artistic Gymnastics (WAG)*****(Invitation Only)*** |
|  | Monday | Wednesday | Friday |
| **Level 3**  | 4 – 7pm | 4 – 7pm | 4 – 7pm |
| **Level 4**  | 4 – 7pm | 4 – 7pm | 4 – 7pm |
| **Level 5**  | 4 – 7pm | 4 – 7pm | 4 – 7pm |
| **Level 6**  | 4 – 7pm | 4 – 7pm | 4 – 7pm |

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| **Adult Classes** |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| **Adult Class (16 years +)** |  |  | 7pm – 8.30pm |  |  |  |